

# Welcome to the kitchen Café

## MENU

### VEGETERIAN/VEGAN BREAKFAST

<b>Vegan Full Irish</b> (1, 2, 12, 14)	€7.50
2 Linda McCartney sausages, 2 eggs (optional), chips, mushrooms, roasted tomato, beans & toast. Served with tea	
<b>Smoothie bowl</b> (7, 12, 13)	€7.50
Frozen banana, frozen strawberries and coconut milk topped with granola, chía and banana slices	
<b>Avocado Toast</b> (1, 2, 7, 13)	€4.50
Toast with avocado, poached egg (optional), tomato slices, mushrooms, and olive oil and sunflower seeds	
<b>Porridge</b> (7, 12, 13)	€4.00
Hot porridge with organic oats and dairy-free milk and topped with cinnamon, banana slices and maple syrup	
<b>Vegan Pancakes</b> (1, 6, 7, 12, 13)	€6.00
Dairy-free pancakes topped with peanut butter, banana slices and maple syrup	

### VEGETERIAN/VEGAN LUNCH

<b>Vegetable soup</b> (7, 8)	€4.50
<b>Chickpeas curry and rice</b> (1, 7, 12)	€8.50
<b>Beetroot burger with chips</b> (1, 7, 12)	€8.50
<b>Quinoa and lentils Salad with croutons and vegan mayo</b> (1, 7, 12)	€7.50
<b>Buffalo Cauliflower Tacos with falafel</b> (1, 7, 12)	€8.50

#### Allergens:

1 Cereals	2 Eggs	3 Milk	4 Fish	5 Crustacean	6 Peanuts	7 Sesame Seeds
8 Celery	9 Mustard	10 Lupin	11 Molluscs	12 Soybeans	13 Nuts	14 Sulphur Dioxide and sulphites